

Interest Form

Activities and Carefree Days can be accessed by Carers and former Carers who are registered with us at n-compass Carers' Services. Please note transport is only provided when stated.

If you wish to attend any of the activities below please tick the appropriate box and return this form to:

**FREEPOST RRUJ-ABCZ-TEUE, n-compass Carers' Services,
3 Errigal House, Avroe Crescent, Blackpool Business Park,
Blackpool, FY4 2DP.**

Please book for Carefree Days at least two weeks in advance
of the event date and Carers' Activities by Tuesday 2nd May
2017. You should receive confirmation of your booking.

TICK

I would like to be contacted by Ian Leadbeater, n-compass Volunteer Co-ordinator
regarding volunteering for n-compass Carers' Services

I would like to be contacted by Lorraine Morris, n-compass Senior Development Officer,
regarding n-compass Carers' Services Citizen Involvement

I would like to be contacted by Sophie Smith, Sitting In Service Co-ordinator,
about the Group Sitting In Service

Please make any suggestions here:

Your Name

Your Contact Number

Emergency Contact Name

Emergency Contact Details

Please note all Carers must state an emergency contact when booking.

CARERS' ACTIVITIES

FREE activity, no payment required

DATE & TIME

TICK TO
BOOK PLACE

Brockholes Nature Reserve , Preston	Tues 9th May 2017	10:30am	
Coronation Park Health Walk , Ormskirk	Wed 10th May 2017	1:00pm	
Yarrow Valley Country Park , Chorley	Mon 15th May 2017	10:30am	
Williamson Park , Lancaster	Mon 15th May 2017	10:30am	
Fairhaven Lake , Lytham St Annes	Thurs 18th May 2017	10:30am	
Wyre Estuary Country Park , Thornton-Cleveleys	Thurs 8th June 2017	10:00am	
Cuerden Valley Park , Bamber Bridge	Thurs 22nd June 2017	10:30am	
Heysham Nature Reserve , Heysham	Thurs 29th June 2017	10:30am	

CAREFREE DAYS BOOKINGS

FREE activity, no payment required

DATE & TIME

TICK TO
BOOK
PLACE

TRANSPORT
REQUIRED?

West Lancashire Investment Centre , White Moss Business Park, Maple View, <u>Skelmersdale</u> WN8 9TG Tel: 01695 712600	Weds 3rd May 2017	10:00am - 3:00pm		
The Strathmore Hotel , East Promenade <u>Morecambe</u> LA4 5AP Tel: 01524 421234	Weds 10th May 2017	10:00am - 3:00pm		
County Hall , Fishergate, <u>Preston</u> PR1 8XJ Tel: 0300 123 6701	Weds 17th May 2017	10:00am - 3:00pm		
n-compass Carers' Services Office , 3 Errigal House, Avroe Crescent, Blackpool Business Park, <u>Blackpool</u> FY4 2DP Tel: 0345 688 7113	Weds 25th May 2017	10:00am - 3:00pm		